

How to give eye drops to your cat



Eye problems in cats are quite common. Tears quickly wash out any treatment put in the eye so eye drops need to be given several times a day. This means you will have to learn how to give the treatment at home.

How often do I need to put drops in?

Some drops only need to be given once a day, others up to six times daily. Always follow the instructions given to you by your vet very carefully. Never give more than the recommended dose and, if at all possible, try not to miss treatments.

How do I hold my cat?

You will find it easier to hold your cat at a comfortable working height. Try placing your cat on a table or raised surface. If the surface is slippery, put a carpet tile or towel down so that your cat feels more secure. If your cat struggles a lot, you may need to wrap your cat in a towel or blanket to prevent them scratching you. You will need to get a friend to help you - one of you will hold the cat whilst the other steadies the head and puts the drops into the eye.

How do I apply drops?

The person holding the cat should grip the cat's head firmly under the chin and tilt the head upwards. The other person holds the dropper bottle in one hand and opens the cat's eye using the thumb and forefinger of the other hand. Position the dropper bottle a few centimetres above the eye and squeeze gently to release the right number of drops. Avoid touching the eye with the bottle spout.

How do I apply ointments/creams?

Ointments and creams are slightly more difficult to apply because they are thick like toothpaste. Hold the cat and open its eye as above. Holding the tube of ointment above the eye, squeeze out some ointment and let it drop onto the eye to lie between the lids. Detach this 'worm' of ointment from the tube by pulling the ointment down against the lower lid. Always avoid touching the eye with the nozzle.

Does it matter where on the eye the drops/ointment falls?

As long as the treatment falls on the eye somewhere it does not matter where. When your cat blinks the drug will spread all over the surface of the eye.

Does the treatment hurt?

The eye is one of the most sensitive parts of the body and putting anything into an eye may cause discomfort. However, eye drops and ointments are designed for use in the eye and any discomfort will be slight. Your cat may blink a lot or have a 'watery eye' for a few moments after you have put the drops in. On rare occasions your cat may paw at the eye(s), rub its face along the floor or the 'white' of the eye becomes red and sore. If so, stop the treatment immediately and contact your vet.

How long do I have to continue the treatment?

Always continue the treatment for as long as your vet recommends. Eye problems often appear to get better very quickly once treatment starts but if you stop treatment too soon the problem may come back.

What if I really can't give the drops myself?

Most owners get quite good at giving eye drops with a bit of practice, but if you really can't do it yourself tell your vet. He may be able to prescribe a different drug which does not need to be given so often or which can be given by mouth instead. In some cases a nurse may be able to help you, or your cat could be taken into the hospital for a few days to be given treatment.

If you want any other information on health issues concerning your cat please contact

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Unicorn Vets on 023 8034 3434 and we will be happy to advise you.